



Catherine C. Olson Counseling, LCSW
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COVID-19 RISK OF EXPOSURE-INFORMED CONSENT

Catherine C. Olson Counseling is taking safety measures to prevent the spread of COVID-19 as much as possible. Your signature below confirms that you are informed and aware of the risk of contracting COVID-19 by coming out into a shared public space and into the office for in-person sessions, with the understanding that due to the unpredictable nature of COVID-19, safety cannot be ensured, as well as the risk of you unknowingly spreading the disease. Therefore, you also agree to the following:

1. You will cancel your session or change to remote / tele-health session if you have been exposed to someone with COVID-19, and will notify Catherine of this exposure.
2. You will cancel your session and notify Catherine if you are having any symptoms that might be cause for concern including but not limited to fever over 100 degrees, coughing, congestion, recent headaches, recent and unusual circulation symptoms such as “COVID Toes”, etc.
3. Under any of these stated reasons for cancellations, you will not be charged the late cancellation fees during this pandemic time period.
4. You agree that Catherine C. Olson is NOT liable or responsible for your illness should you contract COVID-19 during the time in which you are receiving therapy with Catherine C. Olson.
5. You agree that if there is a resurgence of the pandemic or if either you or Catherine deems necessary, your therapy sessions will be held remotely / through tele-health, or paused until it is safe to return.

Catherine C. Olson Counseling’s efforts to minimize exposure includes:

- Practicing social distancing by sitting 6ft. apart in sessions.
- No contact of handshakes, hugs between client and therapist.
- Providing touch-less alcohol-based hand sanitizer for clients use upon entry into office.
- That all areas commonly touched are thoroughly sanitized after each use. (e.g door handles).
- That the restroom is sanitized frequently throughout the day. You are encouraged you to use the restroom before you come to your appointment, so you do not have to use the public restroom if possible. Again, safety practices of the tenants and customers in the 815 Davis Street office building cannot be guaranteed.

Thank you so much for understanding the importance of this matter and working together in efforts to keep everyone well.

Signature _____ Date _____